Camp Wingate*Kirkland Medication Policy for 2027

In order to create the safest and most efficient service for you and your camper, we require that you send all prescription **and** daily over the counter (OTC) medications to Camp before your camper's session starts. All medications must be in their original packaging including the label.

Prescription Medications - The label for prescription medications must include the following:

- the date of filling
- the pharmacy name and address
- the filling pharmacist's initials
- the serial number of the prescription
- the name of the patient
- the name of the prescribing practitioner
- the name of the prescribed medication
- directions for use and cautionary statements contained in such prescription or required by law
- if tablets or capsules, the number in the container

OTC Medications - All OTC medications including vitamins, supplements and patches must be kept in the original container including the original label and *accompanied by written instructions from the camper's physician* including:

- the name of the patient
- the name of the prescribing practitioner
- the name of the prescribed medication
- directions for use and cautionary statements

*In addition, please be sure to list **all medications** (including OTC items) on your camper's Health History form.*

What do you mean by 'medications'?
Medications include anything taken on a regular basis, whether prescribed or purchased OTC. Please note that the Health Center stocks 'as needed' items such as Tylenol, Advil and Benadryl.

Where do I send medications?
Please ship all medications via trackable USPS, FedEx or UPS to the following address:

Your child's name
Camp Wingate*Kirkland
79 White Rock Road
Yarmouth Port, MA 02675

(Please send tracking information to heycamp@campwk.com and include a written inventory of all medications in the box)

(continued)

When do you need to receive the medications?
Medications must be received 2 weeks in advance of your camper's arrival so that they can be properly processed and stored by our Health Center.

June 16th for CITs, Mini Camp 1, First Session and Full Season Campers
July 11th for Mini Camp 2 and Second Session Campers

Can I bring my camper's medications to Camp instead of shipping them?
The **only** medications that may be 'hand-carried' to Camp are inhalers, injectable medications and ADHD medications. For items such as inhalers and epinephrine delivery systems, we request that multiples be brought so that one device can be stored in the Health Center and one in the bunk. Please include a packing list with quantities of 'hand-carried' medications. All other medications must be shipped to camp ahead of time as detailed above.

I have more than one camper, can I ship all of their medications in one box?
Yes, you may ship medications for more than one camper together. It would be helpful if medications were sent in separate bags labeled by camper.

What if my child's prescription needs to be refilled while they are at Camp?
If your child's prescription needs to be refilled while they are at Camp, we request that you refill it directly from home and ship the medication to Camp. If your camper is staying Full Season, you may bring the medication with you on Visiting Day and deliver it directly to the Health Center.

Do I need to send anything else?
In order to dispense any medication, even OTC items, the State of Massachusetts requires written instructions from the camper's physician. The prescription label is typically sufficient for prescribed medications. Please see the bulleted lists on page 1 of this policy for details on what must be included on prescription labels and what must be included in the physician's instructions for OTC items. In addition, please be sure to list all medications (including OTC items) on your camper's Health History form.

What if I no longer have the prescription label?
If you no longer have the prescription label please contact your child's physician and request a copy of the prescription information. Include:

- the name of the patient
- the name of the prescribing practitioner
- the name of the prescribed medication
- directions for use and cautionary statements contained in such prescription or required by law
- if tablets or capsules, the number in the container

Camp Wingate*Kirkland is not allowed to distribute medications sent to Camp in non-labeled containers.

10/14/2026

SANDY & WILL RUBENSTEIN, DIRECTORS

CAMP WINGATE * KIRKLAND | 79 WHITE ROCK RD | YARMOUTH PORT, MA 02675 | 508.362.3798 | FAX 508.362.1614
WWW.CAMPWK.COM | HEYCAMP@CAMPWK.COM